

● **Anreise mit der Bahn**

Fahren Sie vom Starnberger Bahnhof, einem Flügelbahnhof des Münchener Hauptbahnhofs, in Richtung Garmisch bis Tutzing und von dort weiter mit der Regionalbahn Richtung Kochel bis nach Penzberg. Von dort geht es weiter mit dem Taxi. Wir empfehlen, das Taxi vorzubestellen unter den Rufnummern: +49-8856-81844 oder +49-8856-2270

● **Anreise mit dem Auto**

Mit dem Auto fahren Sie auf der Autobahn München–Garmisch bis zur Ausfahrt Penzberg, dann rechts in Richtung Iffeldorf, nach etwa 120 m direkt nach dem Ortsschild Unter-aurach (dort steht links ein Wegweiser Richtung ZIST) wieder nach rechts und auf dem Nantesbucher Weg durch Wiesen und Wälder und an Seen vorbei genau 3,7 km bis ZIST.



Stand: 10.12.2018

- **ZIST ist** ein Institut für persönliche und berufliche Fortbildung zur Entwicklung menschlicher Kompetenz durch Selbsterfahrung in Krisenhilfe, Wegbegleitung und Psychotherapie vor dem Hintergrund der Humanistischen Psychologie in herrlicher Alleinlage im bayrischen Voralpenland und Heimat der *ZIST Akademie für Psychotherapie*.

Das Programmangebot von ZIST umfasst

- Workshops zur Selbsterfahrung in den Bereichen Persönliches Wachstum, Beziehungen, Gesundheit, Kreativität und Spiritualität.
- Workshops zur Fortbildung und
- längere Fort-, Weiter- und Ausbildungen in tiefenpsychologisch fundierten, potentialorientierten und Spiritualität integrierenden Verfahren.
- Ausbildung zu Psychologischen Psychotherapeuten sowie zu Kinder- und Jugendlichen-Psychotherapeuten an der staatlich anerkannten *ZIST Akademie für Psychotherapie*.



ZIST gemeinnützige GmbH

Zist 1 | 82377 Penzberg

E-Mail **info@zist.de**
 Telefon **+49-8856-93690**
 Telefax **+49-8856-936970**
 Mo. – Fr. 9.00 – 13.00 Uhr
 und 14.00 – 15.30 Uhr
 Do. bis 18.00 Uhr

www.zist.de | www.zist-akademie.de | Facebook

Katrin Reuter |
 Team of the international SAT School

INTUITION AND INNER GUIDANCE (SAT MODULE III)



Course language: English with translation into German

VOCATIONAL TRAINING – SERIES

MARCH 2019

INTUITION AND INNER GUIDANCE (SAT MODULE III)

● DATE & PRICE

March 1 – 10, 2019

Friday 6.30 p.m. –

Sunday 2 p.m.

Fee 980 €

plus room and board.

Place, registration: ZIST

Penzberg No. 190331

● DESCRIPTION

The focus of the third module of the SAT Program will be on gaining some more profound insight into the *psychology of the Enneatypes* by investigating the specific *defense mechanisms* of the various personality structures and the guise in which they appear in the 27 *subtypes*. This special teaching, which is exclusively shared with Claudio Naranjos SATs, opens a window of possibility to reach deeper levels of self-acceptance and to develop trust in one's own intuitive abilities. In this frame work, the *psychotherapeutical laboratory* which will be maintained continuously over the 9 days plus the accompanying supervision will provide participants with an opportunity to continue both their personal work on the ego structures and on the resulting problems in their lives on an indepth basis. Also, we will work on the specific issues and difficulties which we will face if we begin to engage in helping and supporting others. this will initiate a learning process in which the participants will work with each other under supervision and provide mutual support in ongoing self-inquiry and growth.

In this sense, the third module represents the heart of the SAT Program. Both its structure and its methodological approaches and exercises make it an exceptional training. Introduction into *Tibetan meditation according to the Vajrajana tradition* clears the path to compassion for oneself and others, which is at the same time nourished by mindful *body, breath and movement work* as well as *reencountering perinatal experiences*. Work in the large forum as well as in small groups plus guided work with a partner are geared towards supporting the process.

Participation is contingent on completion of Modules I and II of the Sat Program either in Germany or France or in another country. There are no restrictions as to how much time may have elapsed between the modules.

For further information, please refer to: www.naranjo-sat.com

● BIOGRAPHY



Katrin Reuter, Ph.D., Dipl.-Psych., is a psychotherapist trained in cognitive behavioral therapy as well as in family and hypnotherapy. She works as a psychooncologist and group therapist in the fields of research, teaching and practical application and is the director of the *Hoffman Institute* in France. She has been involved in Claudio Naranjos work around the international SAT school since 2007. She is the coordinator for SAT programs in Germany and in France.
www.naranjo-sat.com